TZONE/T4 MONTHLY

www.tzoneskincare.com www.t4skincare.com www.hskinrepair.com

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TLC TREATMENTS

(People Style Watch/ DecJan 2016/pg. 196)

MAINTAIN YOUR JUST PEELED HEALTHY GLOW ALL MONTH LONG WITH ONE (OR TWO) OF THESE INTENSE WEEKLY TREATMENTS.

Corrective/Clearing - Zinc Cocktail Mask $43.50

- Soothes, smoothes and calms skin.
- Absorbs oil and cleanses pores.
- Heals skin.

Oxygen Revitalizing Mask w/ Copper Peptide Complex $51

- Revives dull and fatigued skin.
- Hydrates and tightens.
- Stimulates collagen and elastin

Clarifying Antioxidant Wrinkle Reducing Peptide Mask $52

- Improves skin elasticity, skin tone and skin texture.
- Keeps the skin blemish free.
- Increases collagen and elastin production.
- Weekly use has a cumulative anti-aging skin rejuvenating effect.

PLEASE FORWARD TO A FRIEND-

SHARING MY TZONE SKIN PROGRAM IS THE HIGHEST COMPLIMENT YOU CAN GIVE ME.

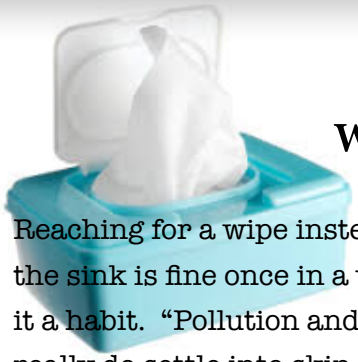
Treat Your Skin Like a Derm

Scrub Smarter, Not Harder

"Over-exfoliating leads to redness, bumps, and even broken capillaries," says Dr. Cybele Fishman, N.Y.C. dermatologist. Look for a nonabrasive, sulfate-free version like T4's Blueberry Scrub.

Gulp Down (Good) Bacteria

Probiotics aren't just digestive aids. Studies show ingesting good bacteria curbs inflammation and acne.



Wean Off Wipes

Reaching for a wipe instead of soaping up at the sink is fine once in a while but don't make it a habit. "Pollution and particulate matter really do settle into skin and cause damage," says Dr. Zeichner, N.Y. C. dermatologist.

Commit to a Daily Regimen

Most dermatologist swear by this tried-and-true (clinically proven) trinity. "For day, use an SPF 30 plus a topical antioxidant," says Dr. Fishman. "At night, apply a retinol."

(InStyle/September 2015/Pg. 373)

Do Not Overpay For Your Products

$32.50 for 4 oz.

VS.

$67 for 4.2 oz.

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